Partnerships for better patient care

How ESTHER Germany supports the twinning of African and German hospitals

Challenge

Developing human and institutional capacities to provide quality care to patients and strengthen health systems in Africa.

Approach

Hospital twinnings foster mutually beneficial peer-to-peer learning through joint development of locally tailored solutions, exchange visits, on-the-job-training and collaborative operational research.

Implementation

10 health partnerships between hospitals in 8 African countries and institutions in Germany currently established

Health partnerships can empower health workers to address local and regional challenges to achieve improved outcomes also in resource-poor settings.

Building institutional commitment beyond personal relationships is a challenge.

**EXAMPLES**

**Tanga (TZ) – Berlin**

- **Culture of quality** through continuous self-assessment established
- **36% increase in safe deliveries**, and other improvements in maternal health

**Limbe (CM) – Rostock**

- **Improved capacities** in HIV-related diagnostics, treatment and care
- **92% HIV survival rate** (up from 82%) with more patients screened and less lost to follow-up treatment.

Full case study published in the German Health Practice Collection at www.health.bmz.de/good-practices