

Step 4

Designing your Dialogue sessions



Traditional and modern objects: some examples

The life-path exercise, which takes place during the second Dialogue session, provides members of the older and younger generations the opportunity to narrate the stages of their life journeys thus far. The members of each generation work together to depict their life-path using drawings and objects which symbolise key life stages and transitions.

The Dialogue team should arrange to have present at the second Dialogue session a selection of traditional and modern objects which relate to men's and women's lives in the community in the past (when the current generation of grandparents were children) and in the present. There should be objects related to:

- Childhood
- School years
- Rites of passage into manhood/womanhood
- Employment/livelihood
- Relationships and marriage

The lists below are of objects which were available during the life-path exercises when the Generation Dialogue was carried out in Lesotho.

Men's Dialogue (traditional objects)

Molamu (stick)

Reed

Knife

Books and ruler

Slate, slate pen and chalk

Black board duster

Gumboots

Beer bottle

Grey blanket

Teu (rope)

Stone

Animal skin (cow, sheep)

Marijuana

Red cloth loin cover (leqapha) decorated
with blanket pins

Overalls

Mohope (calabash)

Mohoma (plow)

Clay

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Men's Dialogue (modern objects)

Disposable diapers	Animals
Baby bottles	Music
Cans of formula	Car
Toys (cars and dolls)	Cell phone
Health books (vaccination book)	Cigarettes
Food in jars	Condoms
Books	Drugs
Stationery	Rings
School uniform	

Women's Dialogue (traditional objects)

Letsoku (ochre)	Clay pots
Mohope (calabash)	Cooking utensils
Lehlaka (reed)	Plates
Thetana (traditional dress)	Moseme (grass mats)
Horse dung	Seshoeshoe
Broom	

Women's Dialogue (modern objects)

Diapers	Mop
Baby formula	Blow dryer
Baby bottles	Contraceptives
Books	Laptop
Stationery	Car
Toys	Business clothing
Sanitary pads	Cell phone
Make-up/lipstick	Ring

This document is part of the Generation Dialogue toolkit which is available at health.bmz.de/generation_dialogue_toolkit