

Partnerships for better patient care

How ESTHER Germany supports the twinning of African and German hospitals

Challenge



Developing **human and institutional capacities** to provide quality care to patients and strengthen health systems in Africa.

Approach



Hospital twinings foster mutually beneficial **peer-to-peer learning** through joint development of locally tailored solutions, exchange visits, on-the-job-training and collaborative operational research.

Implementation

10 health partnerships

between hospitals in 8 African countries and institutions in Germany currently established



LESSONS LEARNED



Health partnerships can empower health workers to address local and regional challenges to achieve improved outcomes also in resource-poor settings.



Building institutional commitment beyond personal relationships is a challenge.

EXAMPLES

Tanga (TZ) – Berlin

Culture of quality through continuous self-assessment established

36% increase in safe deliveries, and other improvements in maternal health

Limbe (CM) – Rostock

Improved capacities in HIV-related diagnostics, treatment and care

92% HIV survival rate (up from 82%) with more patients screened and less lost to follow-up treatment.